

# MARINE RESOURCE ASSESSMENT FOR THE CHERRY POINT AND SOUTHERN VIRGINIA CAPES (VACAPES) INSHORE AND ESTUARINE AREAS, FINAL REPORT

## Report Portable Document Format (PDF)

This CD contains an Adobe® PDF file (INSHORE\_MRA.pdf) of the Cherry Point and Southern Virginia Capes (VACAPES) Inshore and Estuarine Areas Marine Resource Assessment (MRA) Final Report. The report PDF file is all inclusive (text and map figures) and represents the final report in its entirety. If you are viewing the text version ReadMe document, PDF viewing software is required to review the Final MRA Report PDF file. Adobe® Acrobat Reader is the recommended PDF viewing software and can be downloaded for free from the following site:

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TrueType fonts were embedded in this PDF file, resulting in a highly portable document that can be viewed without need for special fonts on your local system (computer). For this reason we recommend a screen resolution setting of 1028 x 768 pixels or higher to view the Final MRA Report PDF.

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- **Bookmarks**—When you open the INSHORE\_MRA.pdf file, two windows will appear. The report appears in the right window while the bookmark section appears in the left window. The bookmarks mirror the *Table Of Contents* in the Final MRA Report to allow you to quickly link to any numbered section within the report. To view subsections simply click on the “+” symbol that appears to the left of the main chapters and the chapter sections will become visible. By clicking once on any of the chapter names or chapter sections listed under bookmarks, that chapter/section will appear in the right report window. Bookmarks hyperlink parts of a document for quick access, connect to page views in other documents, link to the Web, play a movie or sound, enter an article, or reset or submit a form.
  - **To browse with a bookmark**, click on the Bookmarks tab in the left window to bring the tab to the front. You may need to choose Window > Show Bookmarks in the Main Menu to open the tab.
  - **To jump to a topic using its bookmark**, click the bookmark's icon or text in the palette.  
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- **Buttons, Keyboard Shortcuts, and Menu Commands**—You may also page through the report PDF file by using any of the following methods:
  - **To go to the next page**, use any of the following methods by clicking once on: the Next Page button in the command/status bar, or the page number arrow (forward) on the bottom of the right window, or click in the report window and then press Ctrl (Windows or UNIX OS) or Option (Mac OS) and the Down Arrow key on your keyboard, or choose Document in the Main Menu and then select Next Page.

- **To go to the previous page**, click the Previous Page button in the command/status bar, or the page arrow (back) on the bottom of the right window, or the report window press Ctrl (Windows or UNIX) or Option (Mac OS) and the Up Arrow key, or choose Document > Previous Page from the Main Menu.
  - **To move down one line**: press the Down Arrow key on your keyboard.
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  - **To move down one screen-full**, press Page Down or Return keys on your keyboard.
  - **To move up one screen-full**, press the Page Up or Shift and Return keys on your keyboard.
  - **To go to the first page**, click the First Page button in the command/status bar, or press the Home key, or choose Document > First Page.
  - **To go to the last page**, click the Last Page button in the command bar or the status bar, press the End key, or choose Document > Last Page.
  - **To jump to a page by its number**, Select the current page number in the status bar, type the page number to jump to, and press Return. If the Use Logical Page Numbers option is selected in General preferences and if your document's page numbers are different from the page position in the PDF file, the page position appears in parentheses in the status bar. For example, if a first page is numbered "iii", the numbering might appear as "iii (1 of 10)". You can double-click inside the parentheses, edit the page-position number, and press Return to go to that page. Choose Document > Go To Page, type the page number, and click OK. If the Use Logical Page Numbers option is selected in Preferences > General and your document's page numbers are different from the page position in the PDF file, you can enter the page-position number in parentheses in Go To Page to go to that page. Drag the vertical scroll bar until the number of the page you want to jump to is displayed.
- **Thumbnails**—A thumbnail is a miniature view of each document page, which you can display in the overview area (right window). The thumbnail tab is located behind the Bookmarks tab in the left window. You can use a thumbnail to move quickly to a page by double clicking on the miniature thumbnail page.
    - **To browse with a thumbnail**, click on the Thumbnails tab in the left window to bring the tab to the front. You may need to choose Window > Show Thumbnails in the Main Menu to open the Thumbnail tab.
    - **To jump to another page**, double-click the page's thumbnail. To display another part of the current page, position the pointer over the edge of the page-view box in the page's thumbnail until the pointer changes to a hand tool. Then drag the box to move the view area.
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    - **To retrace your path within the PDF document**, click the Go To Previous View button in the command bar, or choose Document > Go Back/Go Forward from the Main Menu for each step back, or click the Go To Next View button (located beside the next page arrow on the top of the right window).